



# **SBA Sports News**

## **January 7, 2010**

### **Down the Sideline** **BASKETBALL**

The girls' team competed in the Dragon Fire Tournament at Collierville over Christmas break. After several days of some tough competition, the team overcame their final opponent, Fairley, to win the championship! They recently began Region play with a win against Hutchison. The Lady Eagles are ranked 5<sup>th</sup> in the city and Symone Daniels was named BOP Player of the Week. The boys also came out on top in their first game of Region play against MUS in the Eagle's Nest. Senior Paul Frierott continues to lead the team with consistent scoring in the double digits.

### **SWIM**

Good luck to the swim team in their meet this coming Saturday at the Bartlett Recreation Center at 9:00 AM.

### **WRESTLING**

The wrestling team has enjoyed quite a bit of early success so far this season. A team-record seven wrestlers placed at Houston High School's Blackhorse Tournament including several freshmen wrestlers. They were able to keep that momentum going into Cordova's Call of the Wild Duals Tournament after exams. The team placed 3<sup>rd</sup> in the event with wins over Little Rock Central, Bolton, and Arlington. The win over Little Rock Central assured the Eagles a Top 4 finish and was clinched by last second victories from junior Greg Stratman, and seniors Johnny Reber and Ryan Maginn. The Eagles are ranked 5<sup>th</sup> by BOP.

### **Congratulations to:**

#### **TN Sportswriters All-State:**

**Soccer: Julie Eckel**

**Football: Trey Wilkins**

**Volleyball: Hannah Kurtz, Megan Pulido**

#### **TN Sportswriters Volleyball Coach of the Year:**

**Angie Buchanan**

#### **TN High School Coaches Assoc. All-State Soccer Team:**

**Mary-Kate Cooke and Julie Eckel**

#### **National Soccer Coaches Assoc. of America**

**Team Academic Award for '08-'09:**

**SBA Girls Soccer Team**

### **Cross Country Team Awards**

Congratulations to the following members of the cross country team who recently received awards at their end-of-the-season banquet.

**MVP – Madison Lessley, Jay Gilman**

**Most Improved Runner – Holly Graham, Rickey Morning**

**Eagle – Kaitlyn Stoddard, Kyle Treece**

*From time to time, the SBA Athletic Department will publish excerpts from the Athletic Handbook which can be found on our website under "sports."*

Today's topic is:

#### **The Top Five Suggestions for Parenting an Athlete**

1. Emphasize the importance of academics and understand the requirements necessary for athletic participation. Very few athletes receive athletic scholarships to college. Their academic abilities contribute the most to their future as active, contributing members of society.
2. Be positive and supportive, especially if your student-athlete "sits the bench." Do not make excuses if they see limited action, but encourage them to work hard to reach their potential and contribute to the team.
3. Refrain from openly criticizing the coach or other players. It puts the student/athlete in "the middle" and affects his/her performance.
4. Emphasize good sportsmanship. Win or lose, athletes must show respect for their opponent and the officials. Self-respect begins with self-control.
5. Encourage and support your student/athlete's efforts to follow the team rules.